



Club **HEAL**

# Annual Report

# 2014/2015

1 April 2014 – 31 March 2015



Registered with the Registry of Societies  
13 February 2012, UEN T12SS0028K  
Institution of a Public Character (IPC)  
5 February 2015 - 4 August 2016

Blk 244 Bukit Batok East Ave 5 #01-02  
Singapore 650244

[www.clubheal.org.sg](http://www.clubheal.org.sg)

### **Patrons**

Madam Halimah Yacob  
Mr Zaqy Mohamad

### **Expert Advisors**

Dr Joseph Leong Jern-Yi  
Dr Habeebul Rahman  
Legal Counsel Ms Roslina Baba

### **EXECUTIVE COMMITTEE 2014/15**

#### **President**

Dr Radiah Salim

#### **Vice-President**

Mr Md Saifudin b Maarof

#### **Treasurer**

Ms Maimunah Jumat

#### **Secretary**

Ms Noorunnisa d/o PK Ibrahim Kutty

#### **Assistant Secretary**

Ms Lubna Bte Iskhandar Shah

#### **Executive Members**

Dr Bibi Jan Mohamed Ayyub  
Ms Yang Chek Salikin  
Ms Rabi'atull Syerida Adam  
Mr Abd Rahman Abdullah  
Mr Hairul Anuar Subari  
Dr Lubna Harharah  
Ms Sumaiyah Mohamed  
Ms Rohanah Pagi  
Ms Siti Hawa Sulaiman

# Contents

## **01 President's Message**

## **02 Milestones**

## **03 About Club HEAL**

## **04 Programmes & Services**

- Empowerment Programme
- Peer Support Groups
- Counselling services
- Caregiver Support
- Volunteer Training (HFT)
- Community Outreach

## **09 Fundraising & Publicity**

- Fundraising
- Publicity - Media
  - Newsletter
  - Newspaper
  - Radio
  - TV

## **11 Staff**

## **12 Sincere & Heartfelt Thanks**

# President's Message

**Alhamdulillah**, referrals from both the mental health care providers and members of the general public continue to come the way of Club HEAL. This is evidence that the public is increasingly aware of our services.

We in Club HEAL used to refer to our primary clients as PMI (People with Mental Illness). We then decide that the term "People with Mental Health Issues" or PMHI was less stigmatising.

Along with the peer movement that has developed within the Singapore Mental Health fraternity, Club HEAL now refers to our primary clients as 'peers'.

Not all peers are able to attend Club HEAL's rehab service nor do they need to; some of them respond well to simple intervention by a counsellor. Nevertheless, there are others who do need extra care ... they need HEALing Friends.

In 2014, Club HEAL expanded its outreach efforts to peers who are unable to attend our day rehab service. We are able to achieve this through the work of our counsellors and volunteers, also known as our 'HEALing Friends'. Our HEALing friends, unlike volunteers in the past, have to undergo the modular HEALing Friends training which was initiated in October 2013.

After becoming a member of NCSS in 2013, the latter helped us secure ComChest funding for a pilot project to boost volunteer commitment, known as "The HEALing Friends". With such funding, we were able to employ a full-time volunteer coordinator to spearhead the project in October 2014.

In 2014, we were also privileged to employ the services of a peer support specialist, Mdm Junainah Eusope, and a publication executive, Ms Yohanna Abdullah, two amazing women who themselves have suffered from mental illness, recovered well and are now very valuable to Club HEAL. Having journeyed the path of recovery, not only are they especially able to connect with our clients, but they also serve as excellent role models.

Yohanna successfully helped produce Club HEAL's inaugural book, "Shattered, We HEAL", which has a good collection of first-hand accounts of peers and caregivers. Many people who read the book have been touched by what peers and their caregivers have to go through and as a result, have stepped forward to become our volunteers. Also, even more have offered to adopt us as beneficiaries, for example, Mega X'press, event organisers that attract large crowds from among the Malay community in Singapore.

This year, in 2015, we have reached new milestones, including our first ever joint Radio Warna tele-poll with a community partners, MKAC (Muslim Kidney Action Association). This fundraising activity is an excellent way of reaching out to listeners of the most popular Malay radio program – in particular audiences who are more comfortable with

the Malay language. Another milestone was our very first flag day, which saw the involvement of many non-Muslim and student volunteers.

It is my hope that, someday, Club HEAL will be run mainly by peers and their families. We are already seeing that happening with Sister Yohanna Abdullah, who also conducts expressive therapy, and Sister Junainah Eusope, who empowers peers with her pushcart concept. She does this by teaching them how to make handicraft items that will appeal to the public, and then getting the peers to operate the pushcart in which these products are sold. Currently, we have three pushcarts in operation – at Yishun Polyclinic, Geylang Polyclinic and IMH.

Club HEAL would not have moved without the loyal support of the peers and their caregivers. I am truly humbled by their perseverance. Their presence in our lives is a gift from Allah. I also want to applaud our hardworking and dedicated staff, as well as the volunteers who serve and drive Club HEAL.

Last, but not least, I am very grateful to all our sponsors and donors, especially Temasek Cares/AIC, MINDSET and ComChest/NCSS who continue to believe in this necessary and worthy cause.



**Radiah Salim**

# Milestones

**12 June 2014**

Club HEAL becomes Berita Harian's adopted charity – this allowed the faster spread of accurate information about mental illness among the Malay-Muslim readers of Berita Harian.

**Berita Harian**  
**Berita Minggu**



**27 June 2014**

First nation-wide Friday prayers mosque collection – this involved the joint efforts of the Muslim community, with cooperation from the mosques, the madrasah students and other volunteers, and PADI (a charitable organisation formed by local Malay taxi drivers).



**13 July 2014**

Fast-a-thon and Iftar @ Al Wehdah – included the participation of non-Muslim friends from our community partners as well as grassroot leaders.



**8 October 2014**

First pushcart operating from Yishun polyclinic under the helm of Peer Support Specialist Junainah Eusope. This serves as a great platform for empowering Club HEAL's clients.



**11 October 2014**

Launch of Club HEAL’s first book “Shattered, We HEAL” – written by Yohanna Abdullah and Radiah Salim, this landmark book aims to educate the wider public about mental health issues through the sharing of stories by mental health advocates.

**14 February 2015**

Launch of the Malay version of “Shattered, We HEAL” (“Berkecai, Kami Pulih”) – the translated version is aimed at readers who are more comfortable with the Malay language, thereby increasing our outreach.



**28 February 2015**

First nation-wide flag day collection – the collection drive involved volunteers from various schools and madrasahs, as well as our regular volunteers.



**March 2015**

First joint tele-poll with MKAC (Muslim Kidney Action Association) @ Radio Warna entitled “Meniti Harapan; Memperkasa Kehidupan” - this radio outreach effort raised funds for two organisations and at the same time increased awareness about both mental health issues and the plight of kidney patients on dialysis.



**26-29 March 2015**

Adopted as beneficiary of Event Organisers Mega Xpress at the Halal



**2015 Expo**

The expo was a 4-day blitz that allowed Club HEAL to showcase our books and hand-made products, conduct public talks and forums on mental health issues, as well as raise funds.



# About Club HEAL

## Background

Club HEAL is a non-profit organisation formed by a group of like-minded individuals who are committed and have a strong passion in helping people with psychiatric disabilities lead a fulfilling and purposeful life that is stigma-free.

Our mission and vision are follows:

- To assist and empower persons recovering from psychiatric illness to regain confidence in themselves and others in their journey towards recovery and community reintegration.
- To eradicate the stigma surrounding persons with psychiatric disabilities, thereby breaking unnecessary barriers to their recovery process.

Club HEAL's approach is a 3-tier program aimed at

1. Core beneficiaries who have mental illness
2. Caregivers of people with mental illness (PMI)
3. Promoting mental health among the general public.

## Centre-based Psychiatric Rehabilitation Programme

Club HEAL's core programme is the day psychiatric rehabilitative programme aimed at the rehabilitation and recovery of our core beneficiaries.

The day psychiatric rehabilitation programme at our three centres focus on three aspects:

1. Imparting knowledge, such as medication management and symptoms management;
2. Developing life skills, such as communication skills and activities of daily living; and
3. Fostering healthy attitudes, such as HEAL (Hope, Empowerment, Acceptance and Love).

Operating hours are from 9am till 1pm on weekdays.

### Club HEAL@ BBE

Altogether, 82 participants have taken part in the rehab program at our premises at Blk 244 Bukit Batok East.

### Club HEAL@ Al-Wehdah/Darul Ghufuran

Altogether, 54 participants have taken part in the Al-Wehdah program. In mid-March 2015, the Al-Wehdah programme moved to Darul Ghufuran Mosque at Tampines as a cost-saving measure and for the convenience of the participants living in the east. The program continues to operate successfully at Darul Ghufuran.

### Club HEAL@ JK3

Altogether, 13 participants have taken part in the JK3 program, which focuses on developing skills such as cooking, baking and making handicraft items for sale at the pushcart.

By financial year end (March 2015), Club HEAL had successfully conducted 8 runs at the three centres. A total of 149 participants and 12 caregivers have attended the program (BBE had a total of 82 participants, 1 caregiver and 2 interns whereas AIWehdah/ Darul Ghufuran had a total of 54 participant, 6 caregivers and 2 interns. JK3 had 13 participants and 5 caregivers).



# Programmes & Services

## **Empowerment Programme**

Selected participants also took part in the empowerment program that was conducted by Club HEAL's peer specialist, Mdm Junainah Eusope.

The group is focused on empowering themselves towards healing and recovery through support group sessions, development of their handicraft skills, operation of pushcarts and participation in empowerment camps.

Altogether, 20 participants took part.

## **Peer Support Groups**

Club HEAL started conducting specialised monthly peer support groups for our beneficiaries on 19 April 2015 – for people with schizophrenia, bipolar disorder, anxiety disorders and depression. Altogether 12 peer support groups were conducted.

## **Counselling services**

Club HEAL conducts individual and group counselling for our beneficiaries – both PMI and their caregivers – at our centres and at their homes.

Total number of Home Visits - 205

Total individual counselling sessions - 408

## **Caregiver Support**

A total of 18 monthly caregiver support group sessions were conducted at BBE and MDA. We commenced Caregiver Support Group sessions at a third centre, Al-Muttaqin mosque (AMK), in March 2015.

Our caregivers also took part in SAMH's Family Link Program 9, a lecture series conducted with the support of Club HEAL volunteers in 2014.

Club HEAL organised a successful workshop for caregivers at TripleOne Somerset, the "Hari Latihan Penjaga" on 5 April 2014, which attracted 38 participants.

We also organised a second similar workshop for the caregivers at the AIC Care Hub on 14 February 2015.

## **Volunteer Training (Healing Friends Training, HFT)**

Club HEAL conducted a total of seven HFTs during this financial year. They attracted an aggregate of 196 participants at various venues.

In October 2014, we also secured funding from ComChest via NCSS for the "Healing Friends" project. This funding allowed us to employ a full-time volunteer coordinator, as well as reimburse committed regular volunteers, who are known as "HEALing Friends" (HF's).

Altogether, Club HEAL has 39 volunteers – they consist of 33 i-supporters (under AIC funding) and 6 HF's.

## **Community Outreach**

Club HEAL organised 14 public events, conducted 15 talks, and took part in 21 booths and 8 major events conducted by our community partners.

They are as follows:

### *a. Public events (talks/ forums)*

- Caregivers' Training Day (Hari Latihan Penjaga) @ the Training Hub, Social Service Institute 5 April 2014 (38 Participants)
- Talk on Mental Wellness/Resilience to Muhammadiyah Women Committee Members @ Muhammadiyah Welfare Home 6 April 2014 (20 Participants)
- Café and Carwash @ BBE 12 April 2014
- Healing Friends Training @ Bukit Batok CC 3 May 2014 (47 Participants)

- “A Night with Santana”, benefit concert for Club HEAL @ the Singapore Repertory Theatre 10 May 2014
- “Mental illness - Impact on families” - talk at Mental Health Seminar (organiser: Silver Ribbon Singapore, Geylang Serai CC) 24 May 2014 – (15 Participants)
- “Mental Health Issues and the role of Club HEAL” – talk to mosque befrienders of South-West Mosque Cluster, Al-Mukminin Mosque (Jurong East) 27 May 2014 (50 Participants)
- “Fostering mental wellness in you and your children” – Talk at @ Assyakirin Mosque (Taman Jurong), 31 May 2014 (40 Participants)
- Healing Friends Training @Jalan Kayu Zone 3 RC 7 June 2014 (18 Participants)
- Club HEAL Roadshow at Rotary Club to Rotarians 11 June 2014
- Fast-a-thon cum Iftar @ AWehdah 13 July 2014 (160 Participants)
- Hari Raya Gathering @ the Pavilion BBE Zone 2 16 August 2014
- Healing Friends Training @ MKAC 21 August 2014 (15 Participants)
- Hari Raya Celebration Tea for IMH Long-stay patients @IMH 23 August 2014
- Healing Friends Training @ PPIS (Bukit Batok) 6 September 2014 (20 Participants)
- Book launch of “Shattered, we HEAL” @ Jurong Public Library 11 October 2014
- Public talk at Singapore Mental Health Conference – “Bringing Services closer to home” plenary track 17 October 2014 (50 Participants)
- Café and carwash @ BBE 1 November 2014
- Healing Friends Training @ Jurong Green CC 22 November 2014 (31 Participants)
- “Don’t Worry, be Happy” - Talk to students @ Outward Bound School, Pasir Ris Water Venture Park 4 December 2014 (20 Participants)
- “Depression” - Talk @ Jamiyah ar-Rabitah Mosque (Tiong Bahru) 6 December 2014 (200 Participants)
- “Healthy Mind, Healthy Body” - Talk @ Al-Istiqamah Mosque (Serangoon North) 7 December 2014 (100 Participants)
- Healing Friends Training @ AMP (Pasir Ris) 13 December 2014 (40 Participants)
- Caregivers’ Training Day @ AICare Hub 14 February 2015 (50 Participants)
- Book Launch of “Berkecai, Kami Pulih” @ AICare Hub 14 February 2015
- Healing Friends Training @ Al Muttaqin Mosque (Ang Mo Kio) 7 March 2015 (25 Participants)
- “Mental Wellness and Chronic Disease” - Talk @ Marsiling CC 8 March 2015 (80 Participants)
- “Mental Resilience” - Talk @ Casa Raudhah 21 March 2015 (20 Participants)
- “Halalan Tayyiban” (“Permissible and Good”) - Talk @ Mega Xpress event 26 Mar and 27 Mar 2015
- Public forum “Genie vs Genes” @ Mega Xpress event 27 Mar 2015
- Film Screening cum Discussion “Putri” @ Mega Xpress event 28 Mar 2015
- Film Screening cum Discussion “Amirah” @ Mega Xpress event 29 Mar 2015

#### *b. Booths*

- 19 May 2014 - SPH Charity Carnival
- 31 May 2014 – BBE Zone 2 Parents’ Day
- July 2014 – Berita Harian stall @ Geylang Serai Ramadan Bazaar
- 19 July 2014 – Dairy farm annual community event
- 13 – 15 August 2014 – NTU’s Freshmen Orientation Week (Mandarin Oriental via MINDSET)
- 6 September 2014 – ComChest Orange Day at Sentosa Boardwalk
- 12 October 2014 – Health Carnival @ BBE
- 12 October 2014 – World Mental Health Day (Silver Ribbon) @ Geylang Serai CC
- 17-18 October 2014 – Singapore Mental Health Conference @ Max Atria S’pore Expo
- 19 October 2014 – Punggol CC Mental Health Carnival
- 2 November 2014 – Jurong Spring Health Carnival (CRSS)
- 4 December 2014 – Keppel Land X’mas Bazaar
- 7 December 2014 – Macam2 Market @ IMH
- 14 December 2014 – Family Christmas Carnival @ BBE Zone 2 RC
- 19 December 2014 – IMH Longstay Christmas carnival
- 4 January 2015 – Macam2 Market @ IMH
- 17 Jan 2015 – St George’s Community Fun Day
- 1 February 2015 – Macam2 Market @ IMH
- 21 March 2015 – Al-Mawaddah Health Carnival
- 21 March 2015 – Seletar Country Club Sales
- 26-29 March 2015 – Mega Xpress Halal 2015 Expo

*c. Community partner events*

- Club HEAL @ Al-Wehdah Launch 14 June 2014
- National day cum Hari Raya Celebrations with CRSS and BGGH on 27 August 2014
- South-west Mosque Cluster RLA (Rahmatan Lil Alamin) Day 2014 Ar-Raudhah Mosque (Bukit Batok) 6 September 2014 (6 Participants)
- Mental Health Week @ BBE 9-10 October – 2 Public talks – “Mental Wellness/Resilience” and “Common Health Problems in the Elderly” – (40 Participants)
- Relaxation Exercise (Mass) @ Health Carnival @ BBE 12 October 2014
- Album Launch of Suf Supiani’s “Solitude” 15 November Lee Foundation Theatre
- Theatre Production of “The Eleventh Hour – on Schizophrenia and Suicide” by Republic Polytechnic Students 23 January 2015

# Fundraising & Publicity

## Fundraising

1. Friday Prayers Mosque Collection 27 June 2014 – a total of \$53,530 was collected.
2. Fast-a-thon 13 July 2014 – we managed to raise \$1,600 through the participation of our non-Muslim friends in the fast-a-thon.
3. Flag Day 28 February 2015 – a total of \$21,380 was raised.
4. Mega Xpress Halal Expo 2015 – we collected \$9,436 over 4 days (26-29 March) at the EXPO.

## Publicity – Media

### HEAL Newsletter

We continued publishing our quarterly HEAL newsletter with four issues published in May 2014, Aug 2014, Nov 2014 and Feb 2015. Our well-designed and informative newsletters touch hearts and minds and help promote our mission and vision of an inclusive society.

### Newspapers

- **Mengimbangi Impian Singapura** - BH 19 March 2015 – article by Dr Radiah Salim – “Finding a balance in the Singapore Dream” – discusses the possible negative repercussions of chasing the 5 C’s (Car, Cash, Credit Card, Condo and Country Club Membership) on Singaporeans.
- **Nikmat memberi berdasar berdasar niat** – BH 11 March 2015 – article by Dr Radiah Salim – “The joy of giving is based on intention” – explains that there is much to be joyful about in the act of giving if accompanied by sincere intent.
- **Yang terbaik dalam hidup tidak perlu dibayar** - BH 3 March 2015 – article by Dr Radiah Salim – “The best things in life are free” – stresses the fact that happiness need not carry a heavy price tag.
- **Halimah: Perlu lebih usaha bantu pesakit mental** – BM 15 February 2015 – report on the book launch of the Malay version of “Shattered We HEAL”, i.e. “Berkecai Kami Pulih”, where GOH Mdm Halimah Yacob, Speaker of Parliament and Patron of Club HEAL, emphasized the need for more concerted efforts to help people with mental illness.
- **Peranan gen dalam penyakit** – BH 14 February 2015 – article by Dr Radiah Salim on the role of genes in illnesses, including mental illness.
- **Kesihatan baik = mental sihat** – BH 24 January 2015 – article by Dr Radiah Salim on the link between physical health and mental resilience.
- **Emerging from solitude’s dark heart** - Sunday Times 16 November 2014 – report on the launch of music CD “Solitude” by Club HEAL beneficiary and singer-songwriter Suf Supiani, who suffers from Panic Disorder.
- **Kisah cabaran pesakit mental dibukukan** - BH 13 October 2014 – report on the launch of “Shattered, We HEAL” that took place on 11 October. GOH Mdm Halimah Yacob expressed her hope that the book will help educate the public on mental health issues and help correct misconceptions about mental illness.
- **Dengarlah Jeritan Batinku** – BH 9 October 2014 – article by Dr Radiah on why PMIs may behave in a manner that breaks social norms or commit ‘crimes’. Also launch of the book “Shattered, We HEAL” announced.
- **Kesan kesihatan mental di kalangan kaum Adam dan Hawa** – BH 15 August 2014 – article by Dr Radiah on mental health issues among men and women.
- **Menjadi pengasuh kepada orang yang memerlukan satu tugas mulia** – BM 10 August 2014 – article by Dr Radiah on the joys of caregiving.
- **Pemberian maaf penawar hati yang luka** – BH 28 July 2014 – article by Dr Radiah on the role of forgiveness in the healing process.
- **Club HEAL kutip \$1,600 dengan cepat melalui Fast-a-thon** – BH 23 July 2014 – Featured Club HEAL’s efforts at fundraising through fast-a-thon which also aims to promote interreligious understanding by encouraging non-Muslim friends to fast for a day in Ramadan. 32 non-Muslims took part.
- **Gerai BH bantu jual kraf pesakit mental** - BH 11 July 2014 – Featured BH’s support to Club HEAL by sharing their space at the Geylang Serai Ramadan Bazaar for the promotion of Club HEAL’s pushcart products to the general public.

- **Kelab HEAL kumpul derma** – Berita Harian 27 June 2014 – Featured the first Friday Prayers island-wide mosque collection effort by Club HEAL to raise funds, together with a brief summary of Club HEAL’s mission and vision.
- **Halimah: Usaha tingkat kesedaran penyakit mental harus berterusan** – Berita Minggu 15 June 2014 – Report on the launch of Club HEAL psychiatric rehabilitation programme at Al-Wehdah (The Arab Association of Singapore), where Mdm Halimah Yacob as GOH stressed that efforts to increase awareness on mental health issues should be ongoing.
- **Club HEAL jadi badan angkat BH (Club HEAL adopted charity of BH)** – Berita Harian 12 June 2014 – a report on Club HEAL becoming Berita Harian’s adopted charity, and expressing Dr Radiah Salim’s hope that this would allow the faster spread of accurate information about mental illness.

#### *Radio*

Club HEAL and tele-poll partner MKAC were featured on Radio Warna during the month of March 2015, with four Friday evening talk shows. Our volunteers, staff and beneficiaries participated.

#### *TV*

- Book Launch of “Berkecai, Kami Pulih” @ AICare Hub, featured in Berita-on-Suria with interviews of GOH Mdm Halimah Yacob and Dr Radiah - 14 February 2015.
- Book launch of “Shattered, We HEAL” @ Jurong Public Library, featured in Berita-on-Suria with interviews of GOH Mdm Halimah Yacob and Dr Radiah - 11 October 2014.
- Fast-a-thon cum Iftar @ Al-Wehdah, featured in Berita-on-Suria with interviews of GOH A/Prof Fatimah Lateef, Dr William Wan and a grassroot leader - 13 July 2014.
- “Detik on Suria” on 28 May 2014 – Club HEAL was featured in this episode highlighting mental health issues among youths. One of Club HEAL’s caregivers shared his experience of having a teenage son who developed mental illness when he was only 14 years old.
- “On the Red Dot” Wednesday 14 May 2014 on Channel 5 - Our Peer Specialist Junainah Eusope has battled with depression for 16 years. Her story was featured in this episode. Repeat telecast on CNA 18 May 2014 10.30pm.
- Mothers’ Day Special on Berita-on-Suria, 10 May 2014 - featured Mdm Roslaini, one of Club HEAL’s participants and her family as well as an interview with Dr Radiah.
- Caregivers’ Training Day (Hari Latihan Penjaga) @ the Training Hub, Social Service Institute was featured in Berita-on-Suria, when GOH Dr Intan Mokhtar was interviewed on the importance of empowering of caregivers – 5 April 2014.

# Staff

## Staff Retreat January 2015

The retreat at Batam was a great break for staff and volunteers who had worked hard in the previous year. The group bonded over sea sports, during meal times, in the swimming pool, while shopping (including sourcing for materials for our pushcart) and while relaxing at the spa. We also had our staff meeting, a session on communication skills, and a motivational talk by our dedicated volunteer, Ustazah Aminah Sakiman.

## Staff List

Mr Zainal Lee – Programme Head/Counsellor  
Ms Nabilah Bagarib – Counsellor/Clinical Psychologist  
Ms Basitah Zulkifli – Programme Executive/ Counsellor  
Ms Balqis Maricar – Counsellor  
Mr Fauzy Ramli - Counsellor  
Ms Ratnah Wati Mahammad – Administrator  
Ms Hamimah Ahmad – Administrative Assistant  
Ms Zuraidah Mohd – Programme Executive  
Ms Fatmahwati Ismail – Programme executive  
Ms Damia Sumari – Volunteer Coordinator  
Ms Junainah Eusope – Peer Support Specialist  
Ms Yohanna Abdullah – Publications Executive  
Ms Nur Halimah Ali – Corporate Communications Executive



# Sincere & Heartfelt Thanks

We at Club HEAL wish to express our heartfelt thanks to everyone who believed and came forward to help us. We value and cherish your support which will go a long way in making a difference to the lives of our beneficiaries. We wish to record our special thanks to:

Temasek Cares  
MINDSET  
Bukit Batok East CC  
Bukit Batok East Zone '2' RC  
Jalan Kayu Zone '3' RC  
The Arab Association of Singapore  
Agency for Integrated Care (AIC)  
National Council of Social Services (NCSS)  
Majlis Ugama Islam Singapura (MUIS)  
Association of Muslim Professionals (AMP)  
Yayasan MENDAKI  
Mdm Halimah Yacob  
A/Prof Fatimah Lateef  
Dr Intan Azura Mohktar  
Mr Zaqy Mohamed  
Community Chest  
Rotary Club Singapore  
Berita Harian  
Singapore Press Holdings Pte Ltd  
Mediacorp Pte Ltd  
MegaXpress International Pte Ltd  
National Healthcare Group Polyclinics  
SingHealth Polyclinics  
The Institute of Mental Health (IMH)  
Muslim Kidney Association (MKAC)  
Lee Foundation  
Binjaitree Ltd  
Jurong Regional Library  
Perpaduan Amal Dan Ibadah (PADI)

Social Service Institute  
Pertapis  
Muhammadiyah Association of Singapore  
Persatuan Pemudi Islam Singapura (PPIS)  
Casa Raudha  
Marsiling CC  
Geylang Serai CC  
Outward Bound School  
Keppel Land Limited  
Singapore Association for Mental Health (SAMH)  
Singapore Anglican Community Services (SACS)  
Silver Ribbon Singapore  
Caregivers Alliance Limited (CAL)  
SSA Consulting Group Pte Ltd  
Wakaf Sheriffa Zain Alsharoff  
Madrasah Al Maa'rif Al- Islamiah  
South West Mosque Cluster  
Al Istighfar Mosque  
Al Istiqamah Mosque  
Al Khair Mosque  
Al Mawaddah Mosque  
Al Mukminin Mosque  
Al Muttaqin Mosque  
Ar Raudhah Mosque  
Assyakirin Mosque  
Darul Aman Mosque  
Jamiyah Ar-Rabitah Mosque  
Pulau Bukom Mosque  
Mr Nassir Khan



